

The Red Lion

Broadclyst, Exeter

DEVON EX5 3EL - 01392 461271

TAILORED MENU FOR EXETER CYCLING CLUB

Arrive by 12.30 pm - Sunday 15 December 2019

(*Vg/V/GF/DF) - CAN BE ADAPTED, BY REQUEST, FOR VEGAN, VEGETARIAN, GLUTEN FREE & DAIRY FREE DIETS.
PLEASE BE SURE TO SPECIFY ANY DIETARY REQUIREMENTS WHEN ORDERING

STARTERS

- A **Leek and Potato Soup** - with crusty bread (*GF/V)
- B **Whitebait** - small fry, deep-fried in a seasoned coating & served with a garlic mayonnaise & organic bread (*DF)
- C **Garlic & Stilton Mushrooms** - mushrooms sautéed with garlic butter, finished with a creamy Stilton sauce & served on toasted organic bread (*GF/V)
- D **Chicken Liver Pâté** - with warm toast & onion marmalade (*GF)

MAINS

- E **Roasted West Country Turkey** - with bread sauce, sage & onion stuffing, pigs in blankets, Brussels sprouts, seasonal vegetables, roast potatoes, gravy & cranberry sauce (*GF)
- F **Roast Beef** - with Yorkshire pudding, seasonal vegetables & roast potatoes (*GF)
- G **Roast Pork** - West Country pork with apple sauce, sage, onion & sausage meat stuffing, seasonal vegetables & roast potatoes (*GF)
- H **Fish Pie** - locally landed white fish with salmon & king prawns, cooked with leeks & green beans in a cream & dill sauce, topped with mashed potato & grilled with mature Cheddar cheese; with seasonal veg.
- I **Scampi, Chips and Salad** - breaded whole-tail scampi, with chips, salad, & tartare sauce
- J **Moroccan Vegetable Tagine** - aubergines, courgettes, peppers, cauliflower, red onions & apricots, slow cooked with Moroccan spices & served with spiced couscous (*DF/GF/V/Vg)
- K **Toasted Hazelnut and Walnut Roast** - a combination of hazelnuts, walnuts, mushrooms, onion, peppers & apple, roasted in the oven & served with Yorkshire pudding, roast potatoes, vegetables & vegetarian gravy (*V)

DESSERTS

- L **Sticky Toffee Pudding** - with a toffee sauce & clotted cream (*V)
- M **Vanilla Panna Cotta** - served with a seasonal fruit compote & a shortbread biscuit (*GF)
- N **Baileys, Malteser and White Chocolate Ice Cream Cake** (*V)
- O **Baked Chocolate Cheesecake** - a rich, dark chocolate cheesecake with double cream (*V)
(all our sweets are made by us and some of them contain raw eggs)
- P **Lemon Sorbet** (*GF/V)

2 Courses - £20.00

3 Courses - £26.00