

CTC Exeter Secretary's Report 2017

Weekly Sunday rides

We have had a full programme of A and B Sunday rides throughout the year thanks to all those generous folk who offer to lead these rides. A rides are on the whole a bit tougher and a bit longer. B rides are a bit gentler and a bit shorter (especially if led by me and Sheena!). There may be as few as one and as many as 15 joining these rides.

Bike Bus

The Bike Bus goes out every Thursday picking up cyclists along the way and patronising virtually every cafe in the vicinity! Numbers fluctuate on these rides as people join and leave as they choose.

Both of the above are hugely reliant on Roger and Marilyn Spurr. Marilyn sorts all the Sunday leaders and keeps the website in order for both of the above, while Roger generously offers to 'drive' the bus week in week out.

Coffee pots

Jean Brierly generously continues to organise the Coffee Pots and where possible Coffee Potters and Bike Bus riders meet for morning coffee and we generally take over the cafe!

Since this time last year....

December 2016 Tim and Judy Green kindly organised Christmas lunch at the Red Lion in Broadclyst. 33 people attended. A week prior to this Wolf Jenett generously organised a hot Christmas toddy for all cyclists on the beach at Exmouth!

Jan 19th 2017 Andy Middlebrooke - a local Sport Scientist who runs a company called 'Exercise Science Consulting Ltd. His talk was divided into three sections 'Bike, Body and Behaviour'. 50 of us turned up to listen to his talk and it was very informative and helpful.

February 2017 35th birthday celebrations for Coffee Potters at Stoke Canon Village Hall kindly organised by Jean Brierly and her team

March 23rd 2017 Tim and Judy Green arranged a curry evening + slide show. Always a popular and interesting evening. 42 attended. Thank you to Ted Gameson, Ian Holding, Dave Martin and Richard Horne for their presentations of their own cycle trips.

May 8-11th 2017 In his inimitable way Kirby smoothly organised a 4-day trip from Salisbury back to Exeter (Wessex trip) which was rapidly filled for the 16 places available. (I personally would give a lot to have his organisational skills on a computer!!)

June 15th 2017 Julian and Sara Turnbull kindly opened their amazing garden for coffee and raised well over £200 for Prostate Cancer Charity. Thanks too to Jan Portlock and Judy Edwards for their wonderful help and support with organisation and baking.

June 29th 2017 Chris Blasdale organised for Lesley McGhie, a highly skilled and qualified First Aider to teach 12 of us some basic skills. We all came away a little wiser and very appreciative of what we had learned.

July 6th 2017 I signed up to participate in the UK Cycling Women's Festival of Cycling. We had 16 participants at least half of whom had not cycled with us before. A lot said they enjoyed it and some have even been seen out on their bicycles since!

Website progress

A lot of work has gone in to developing and maintaining the website and thanks should go (in no particular order) to Roy Russell, Marilyn Spurr and Kirby James for their continuing hard work.

Richard Eales has also kindly offered to be a techie support in an ex officio capacity

Future Events

1. Bike Shed Women's Evening 30th November 6.30pm. Apply for free ticket online.
2. The Christmas Lunch is on Sunday 10th December 12.30pm The Christmas menu and booking form are online.
3. Proposed trip to Brecon Beacons 11-13th May 2018

Lyndsay Kyrke-Smith

24th October 2017